



## Student-Led, Faculty Sponsored Connection Grant Application Instructions

ScarletWell is committed to empowering students to create events and spaces at Rutgers–New Brunswick that foster communities of connection through Wellness **Connection Grants** ranging from \$200–\$1,000 to support student-directed wellness activities in Fall 2025 and Spring 2026 (\*September-May).

Criteria for applying:

- Students must be matriculated and registered for the Fall 2025 and Spring 2026 semesters.
- Award recipients will serve as Wellness Champions which involves attending monthly planning meetings and engaging in activities with fellow student Wellness Champions.
- Awardees will complete a project plan and submit a final report.
- A faculty lead must be identified and attest to serving as a sponsor to support implementing the proposed project plan including oversight and disbursement of the financial award. The faculty member listed will be contacted to ensure participation and sponsorship of the project prior to the announcement of awards.

*\*It is suggested that awardees offer two activities in the fall 2025 and two activities in the spring 2026.*

**Applications Due:** June 13, 2025

**Award Notification:** July 25, 2025

**Online Application:** The information below can be entered into the Qualtrics form accessible [here](https://rutgers.ca1.qualtrics.com/jfe/form/SV_080Hg8oy0AH7f9k). The link is [https://rutgers.ca1.qualtrics.com/jfe/form/SV\\_080Hg8oy0AH7f9k](https://rutgers.ca1.qualtrics.com/jfe/form/SV_080Hg8oy0AH7f9k). Prior to accessing the form, be sure to gather and prepare the following information:

1. Grant Applicant Team (*must minimally include 1 of each*)
  - Student Lead Name/Email/School/Department (additional team members should be listed)
  - Faculty Lead Name/Title/Email/School/Department (additional team members should be listed)
2. Wellness Activity Description
  - What is the title of your wellness project? (15 words or less)
  - Explain what you are proposing to do and why. (500 words or less)
  - Who (student participants) will be involved and how many people do you intend to involve? (100 words or less)
  - Describe why and how the activity is a good choice to foster wellness and interpersonal connection. (200 words or less)
    - What dimensions of wellness will the activities impact? (50 words or less)
  - How many times do you plan to hold the activity and how long will each activity last?
    - How many times in October-December 2025? How many times in January-April 2026 (50 words or less)
  - What is your plan to sustain the project? (200 words or less)
  - How will you evaluate the impact of the activities and overall project? (200 words or less)
3. Inclusivity Action Plan
  - How will you advertise? (100 words or less)
  - How will you ensure attendees feel welcomed and comfortable during the activity? (150 words or less)
  - What strategies/activities will you use to foster interpersonal connection during and after the activities? (150 words or less)
4. Budget and Justification (\$200-\$1000)
  - How do you intend to use the grant funds?
  - List specific estimated costs to the best of your ability.
  - Projects should be completed by April 30, 2026.